



Seasons of the Soul: 7 Steps to Connect with Your Life's Highest Purpose

AUTHOR Sharon M. Koenig

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OCC019000: BODY, MIND & SPIRIT / Inspiration & Personal Growth
VXA: Mind, Body, Spirit - thought & practice
VXM: Mind, body, spirit - meditation & visualisation

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'Truly inspiring' ROSA BAROCIO

The great journey of life can come full circle only through the experience of transformation.

In *Seasons of the Soul*, Puerto Rican author and motivational speaker Sharon M. Koenig distills the secrets of spirituality and teaches us how to re-establish our link with the Divine through the seven-step Connection Process. This reconciliation with the Divine helps reveal our highest purpose, providing us with a beacon that acts as a guide through each season of our soul on Earth. Borrowing from diverse world traditions she studied for nearly three decades, Koenig also shares profound anecdotes about and effective practices for inner peace and contentment.

Imbued with lessons in tolerance and forgiveness, faith and discernment, *Seasons of the Soul* is an invitation to hope and serenity in the middle of the fiercest storms of life.

AUTHOR DETAILS

Sharon is a writer, speaker, and mother who has inspired seekers around the world for more than a decade with her Spanish bestseller *Los Ciclos del Alma*. Her followers describe Sharon as a writer who has the gift of communicating profound spiritual truths in simple and practical terms. A curiosity about understanding the meaning of life, along with the challenges Sharon faced and overcame, inspired a spiritual quest that allowed her to learn from spiritual teachers from various traditions. Her other books in Spanish are *Las 12 Promesas del Alma*, and most recently, *Desde Om hasta Amén*, a memoir of her spiritual journey.

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The Ventilator Project: How the IIT Kanpur Consortium Built a World- class Product during India's Covid-19 Lockdown

AUTHORS Srikant Sastri, Amitabha Bandyopadhyay

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A raging pandemic, a dearth of life-saving equipment, and ninety days to manufacture a world-class ventilator.

On 24 March 2020, a nationwide lockdown was imposed in India in the face of a formidable adversary, the Covid-19 pandemic. With the number of cases increasing exponentially, hospitals were faced with a dangerous shortage of life-saving equipment and personnel.

In response to the imminent crisis, Amitabha Bandyopadhyay and Srikant Sastri formed the IIT Kanpur ventilator Consortium as a task force to assist a young startup, Nocca Robotics, in building affordable high-quality ventilators for India's cash-strapped hospitals. Under the mentorship of reputed industry leaders, the task force and the Nocca team worked tirelessly against unprecedented odds – trammelled by a ban on imports and telecommuting through Zoom and Whatsapp in the face of stringent lockdown restrictions – to manufacture the Noccarc V310 in record time. This is the incredible story of its conception, creation and success, in the words of the task force co-leaders themselves.

Inspiring and riveting, *The Ventilator Project* also offers an unmatched blueprint for business in the post-Covid era through first-hand lessons gleaned during the task force's phenomenal ninety-day run. It proves that India, with its deep recesses of talent and ingenuity, has the potential to be world leaders in both business and social impact.

AUTHORS' DETAILS

Srikant Sastri is an alumnus of IIT Kanpur and IIM Calcutta. He is a board member and advisor at several university incubators and a member of various government bodies including the National Expert Advisory Committee (NEAC)

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The Ventilator Project: How the IIT Kanpur Consortium Built a World-class Product during India's Covid-19 Lockdown

and the Department of Science and Technology, Government of India. As the creator of the ChaloStartUp web series, Srikant takes the message of entrepreneurship across the country. He is the chairman of I3G Advisory Network.

Amitabha Bandyopadhyay has a PhD from the Albert Einstein College of Medicine, New York. He conducted his postdoctoral research in Embryology and Genetics at Harvard Medical School. He is an associate professor in the Biological Sciences and Bioengineering department at IIT Kanpur. In 2012, he was appointed the Kent Chair Professor of Innovation and Incubation at the institute's technology business incubator, Startup Incubation and Innovation Centre (SIIC).

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